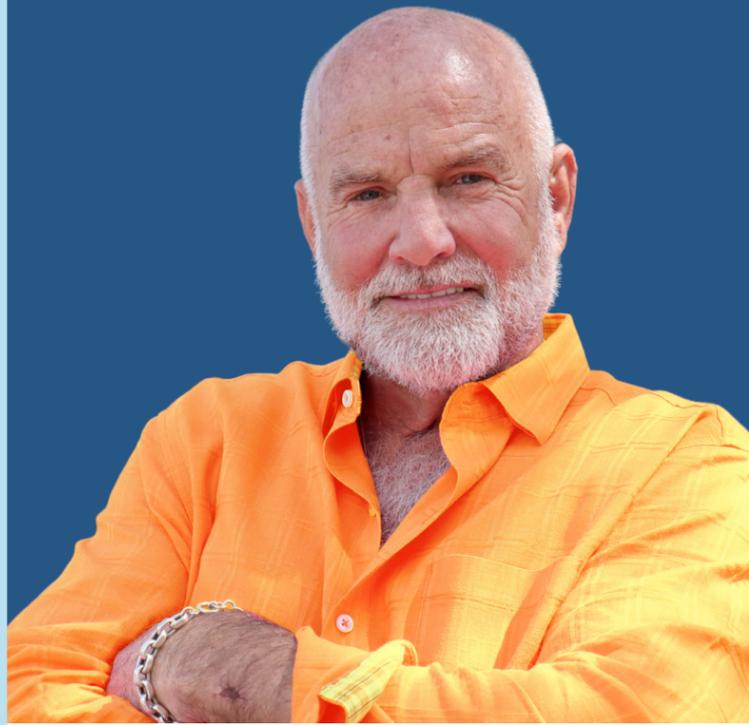
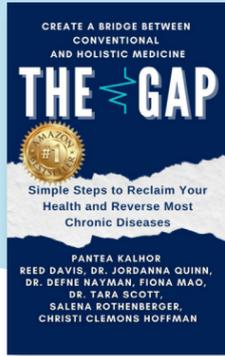


# Reed Davis

HHP, CNT, LEHP

Founder | Functional Diagnostic Nutrition® Certification Course  
Clinical Advisor



## Biography

Reed Davis, Board Certified Holistic Health Practitioner (HHP) and Certified Nutritional Therapist (CNT), is an expert in functional lab testing and holistic lifestyle medicine. He is the Founder of Functional Diagnostic Nutrition® (FDN) and the FDN Certification Course with over 3,000 graduates in 50 countries. Reed served as the Health Director at a Wellness Center in Southern California for over 10 years and with over 10,000 clients is known as one of the most experienced clinicians in the world. Reed serves on the Advisory Board of the American Natural Wellness Coaches Board and the American Association of Natural Wellness Coaches. He lives in the US and when not teaching the FDN Certification Course and helping his graduates build their private practices, he is usually found gardening or riding motorcycles.

As an Environmental Paralegal throughout the 90's Reed was "saving the planet" including the birds, bees, air, water and trees. In 1999 he turned his attention to, "What is the environment doing to PEOPLE, including ME?" That began a 20-year career dedicated to helping people find out what's really wrong and how to fix it naturally. After earning a certificate in nutritional therapy Reed noticed that most patients had already seen multiple doctors and therapists and still had many of their original complaints. Reed decided then he would be the last practitioner anyone needed to see and became an expert in functional lab assessments. FDN is the result of more research and experience than most practitioners get in a lifetime.

Reed Davis is one of the authors of *The Gap: Simple Steps to Reclaim Your Health and Reverse Most Chronic Diseases*. This book is the missing link, the piece of the puzzle that holds the answers you've been searching for. It's The Gap between chronic disease and your true recovery.

## Suggested Topics

1. Functional Diagnostic Nutrition, who we are and why we make an impact
2. How functional lab screenings impacts health and client journey
3. GI pathogens
4. The importance of food sensitivity testing to uncover hidden healing opportunities
5. Facts and myths about adrenal fatigue
6. The real root causes of thyroid imbalances
7. The Myth of the Root Cause (Metabolic Chaos)
8. What Your Thyroid is Saying About the Rest of Your Health
9. Why One Diet Doesn't Work for Everyone
10. Ways to naturally Balance Hormones
11. Is It Really All About the Gut?
12. Decoding Symptoms to Discover Healing Opportunities
13. More data isn't always better: Curating the right data to uncover the most dysfunction
14. How to Coach Up Function
15. Why Supplements Alone Won't Work
16. What's So Great About Sleep Anyway?
17. How Your Body & Mind Define Stress Differently
18. Measuring Hormones in Blood vs Saliva vs Urine
19. What is Detox?
20. Common Isn't the Same as Normal
21. Is Loss of Function a Normal ByProduct of Aging?
22. Stress and Early Menopause
23. The Gut/ Brain Connection
24. Is My Depression All In My Head?
25. Do I Really Have to Give Up Gluten?
26. Are Food Sensitivities Real?
27. An FDN Perspective on Autoimmune Disorders
28. SIBO: Fact or Fiction?
29. What You Miss When You Test Based on Symptoms
30. Treating the Person Not the Paper

## Suggested Questions

- Why are practitioners turning to diagnostic nutrition to help ease their patient's chronic conditions?
- What is the D.R.E.S.S for Health Success Protocol?
- What makes someone a good host for GI and how to treat them naturally?
- What do you need to do to treat the root causes of metabolic chaos?
- How can you use food sensitivity testing to heal your body?

## What is FDN?

FDN is a World-Class Functional Health Certification & Training Program with industry-leading and the most advanced diagnostic testing available. In fact, we are the Gold Standard in Functional Test Training. We teach people cutting-edge methods of evaluating functional lab results so they can heal themselves, and others & grow robust wellness practices doing what they love.

We are a team of pioneers, teachers & wellness advocates dedicated to educating & inspiring better health across the world. We've educated over 4,000 practitioners, helped over 10,000 people get well and stay well naturally and we operate in over 50 countries.

[fdntraining.com](https://fdntraining.com) | [fdnthrive.com](https://fdnthrive.com)

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